#### Volume 6 - 2019

#### The Gathering at Northern Hills, A Unitarian Universalist Community



# The Harbinger

The Gathering at Northern Hills is a congregation of free people As such, we celebrate diversity and welcome to our services all persons, irrespective of race, ethnicity, disability, sexual orientation, or faith. We invite and welcome to our membership those in agreement with our purposes and principles. Website:

http://www.gnhuu.org

For current calendar information, visit the website and click on the calendar link at the bottom of the webpage.

Rev. Doug Slagle, Minister Sunday Services & Religious Education: Sunday at 10:45 Nursery Care Provided



The flowers are blooming in all their might, Everywhere there is a pretty sight. You know its spring, when you feel so good. You know its spring with colors of hope, Spring is the time to start afresh. It is the time when you feel refreshed, Spring is finally here, Happy spring season!

Wishafriend.com

### **Upcoming Events**

#### This Sunday, March 24: Music Director Michael Tacy speaks – "Money! The Intersection of Greed and Discrimination."

This Sunday, Mar 24 – Membership Team Meeting, 12:00 pm – 1:30pm This Sunday, Mar 24 - Jr. High O.W.L. Meeting, 12:30pm – 6:30pm, GNH RE Wing, Quimby Room and Sanctuary

Mar 1 – Mar 28 - Shambhala Meditation Group, Every Tuesday, 7:00 – 8:30 pm, Quimby Room.

March 20 - Social Justice Action Team Book Club, 6:00 pm, Conference Room Mar 24 – Membership Team Meeting, 12:00 pm – 1:30pm Mar 24 - Jr. High O.W.L. Meeting, 12:30pm – 6:30pm, GNH RE Wing, Quimby Room and Sanctuary Mar 26 - Auction Committee Meeting - 10:00 AM, Hosea Ballou Room Mar 26 – GNH Women's Group, 12:00pm, Quimby Room April 5 - GNH Women's Book Club, 1:00 PM, Conference Room April 7 - Service Planning Team Meeting, 9 AM, Conference Room. April 7 - Board of Trustees Meeting, 12:15 PM, Conference Room. April 10 - Lighthouse Youth Services Lunch Preparation

#### This Sunday, March 24: Music Director Michael Tacy speaks – "Money! The Intersection of Greed and Discrimination."

## Sunday, March 31 – Guest Speaker, Suzy DeYoung, Topic: "The La Soupe Story."

Telling the journey of a 30 year career chef who opened her heart and listened to the whisper, which later became a constant chant, "feed my sheep!" Ms. DeYoung is the owner and operator of LaSoupe - a restaurant that uses extra food from catering companies to serve customers, nonprofits and the food-insecure. Ms. DeYoung is former owner of La Petitie Pierre restaurant and a trained French chef who now gives her time and skill helping and serving those in need.

#### Sunday, April 14, COFFEEHOUSE FAMILIY SERVICE. GNH's new, casual, and fun service for everyone - especially for families and youth. Lot's of music, multi-media, short message, coffee and snacks in the service! Invite friends and young people!



## New Coffeehouse Family Service

## Sunday, April 14!

Join us for a once-a-month new style of Sunday service intended for all members - but with a special appeal to families and youth. Coffeehouse services are non-traditional with lots of music, videos, a short message, and tables in the sanctuary to sit at while enjoying coffee and light snacks. Youth are encouraged to attend with parents and friends. Youth are welcomed to chat, surf their smartphone, text, tweet, instagram, listen to the service, or just relax.

Michael Tacy and his band Brotherhood will provide the music. Michael will lead the service and Rev. Doug will share a short message that relates to youth and adults alike.

## PLEASE BRING YOUR FAVORITE COFFEE MUG WITH A "LID" TO THE COFFEEHOUSE FAMILY SERVICE

## A New Spiritual Education Resource for Parents of Children and Teens, Paid for by GNH

Soulful Home is a monthly guide organized around seven distinct family "spaces" and filled with ideas and resources to assist parents and grandparents as they discuss spiritual matters with their children and/or grandchildren. GNH has purchased this subscription for all members and friends of the church.

Family life can be very busy, so this guide offers fun and interesting activities that can be woven into a family's daily routines. The GNH RE team encourages you to open the Soulful Home PDF that was attached to the email containing this Harbinger. A new guide will be distributed every month.





## <u>GNH's Spring</u> <u>Auction</u>

## We Need Your Auction Donations Now!

We're coming down to the wire, folks. Our GNH spring auction—*What a Wonderful World!--*is less than a month away (**Saturday, April 13**) and we need your auction donations now! We also need dates and descriptions for the social events you're planning to offer so we can include them in our auction catalog available on Sunday, April 7. Bidders like to check their calendars ahead of time to see which events they can attend.

Here are some suggestions for donations we can use: **Gift certificates** are among our most popular items, and we need more of them. On Sunday, grab copies of Rev. Doug's business solicitation letter in the Quimby Room and take them to the stores or restaurants you frequent. Buy a gift card for yourself and ask them to match it for our auction. It's good advertising for them.

We need more delicious **homemade food items or themed food baskets** (how about a donation of local craft beers). Bids always run high on treats to tantalize the taste buds. Who can resist cookies, fudge, cakes, pies, wine, car-amel sauces, etc.?

So far, we have about 140 **non-food items** up for bid, but we need more to compare with what we've had in the past (but no jewelry, please, as we have plenty). Be creative and come up with something different and fun. Search your closets for nearly new items you've tucked away and never used. Look for items that will appeal to the guys and kids, as they like bargains too.

Although we have a bunch of wonderful dinners and social events, we would love to have more, especially intimate dinner parties that will induce high bids at the live auction. We also need some unique **items for the live auction**. If you can think of something exciting with popular appeal that might generate some high bids, bring it on! We appreciate your support.

## **GNH ANNOUNCEMENTS**

## CONGRATULATIONS! MICHEAL TACY

This past weekend GNH's Music Director

Michael Tacy became engaged to be married to his girlfriend Julia Burroughs.

Please be sure to congratulate Michael and Julia. We could not be happier for these two amazing members of our GNH "family!"

## Building Security:

## PLEASE KEEP OUR GNH DOORS LOCKED AT ALL TIMES

GNH security is all of our responsibility. <u>Please keep our doors</u> <u>locked at all times.</u> We have arranged for greeters on Sunday mornings to open the front door to members and guests. Thank you for your help!



### FreeStore Foodbank

**Freestore Volunteers Needed - Saturday, April 20, 2019**., 9:00 am to 11:30 am, 1250 Tennessee Avenue. Children 10 and over may volunteer with their parents. We assemble weekend food bags for young children who experience food insecurity. Please RSVP to Rev. Doug.

Volunteers Needed Lighthouse Youth Services Lunch Preparation GNH will serve lunch at the Lighthouse Sheakley Center on Wednesday, April 10 at 11:00am - 1:30 pm

Please contact Ginny Patterson if you can help.

## **Rummage Sale Clarification**

Although the Ways & Means Team has decided not to have a rummage sale in 2019, we are not doing away with rummage sales. There's a good chance we'll have one in 2020.

"For 2019 only, no rummage donation please!"

#### Women's Book Club – April 5, 2019, 1:00 pm, GNH Conference Room

April Book of the Month Never Caught, The Washington's Relentless Pursuit of Their Runaway Slave, ONA JUDGE" by Ann Patchett.



Will read & discuss the book "**So You Want to Talk About Race**" by Ijeoma Oluo. Meeting scheduled for tomorrow, **March 20** @ 6 pm in the GNH Conference Room. Contact Jack Brennan or Carole Womeldorf.



RUNAWAY SLAVE

**ONA JUDGE** 

ERICA ARMSTRONG DUN

## **Hospitality Schedule**

Reminders to upcoming hosts will be sent every Tuesday. *If you are unable to serve on your assigned Sunday, please switch dates with another member and notify the office.* Thank you for your continued commitment

### **Thoughts and Prayers**

"Cheryl Leksan recovers from knee surgery at home. She welcomes calls and visits - especially if you like dogs and would like to help walk hers! Contact Phyllis Berenson, if you know of members in need. Jr. High OWL Meeting - 12:30 - 6:00 PM We will be hosting the City-wide O.W.L. Jr. High program on : Sunday, March 24.

We will utilize the GNH R.E. Wing, Quimby Room and Sanctuary, Contact Penny Shore, GNH OWL Coordinator at

pennyshore@gmail.com for additional information.

On the above date, all members are asked to please vacate the building by 12:30 pm



## **Children's Religious Education News**

We are excited to be utilizing the theme-based curriculum from Soul Matters, a UU resource.

The themes are:

What Does It Mean to be a People of...

March: Journey April: Wholeness May: Curiosity ...June: Beauty



Marketing the Rental of Our Building!

Under the leadership of Ann Bobonick, an energetic team of 7 volunteers is planning new ways to promote rental of our building. If you have suggestions, please share them with Ann.



Bradley Epperson Next Door GNH brad.epperson@ymail.com

## THANK YOU!

## Free Landscape Work Done by Local Landscaper - for free! He welcomes your business as a 'thank you'!

Ann Bobonick arranged for (blank) to do some free edging and other yard work on our building campus - for free! In exchange, he asks that you consider him if you need of any yard work or landscaping. Or, refer him to friends and neighbors.

Ann is also consulting with other landscapers to get some needed work done.

Finally, Ann seeks any and all members who enjoy doing some light yard work to volunteer - either on a day she will be working or at a time of your convenience.





On **Saturday, April 13**, Valley Interfaith is hosting its Annual 5K *Hop into Spring* Run and Walk powered by Slingshot Solutions and taking place at beautiful <u>Glenwood Gardens</u>. There will be a scavenger hunt and opportunities to win themed raffle baskets. **Registration costs \$35**, which includes a high-quality tech race shirt. To register, go to <u>https://www.vicrc.org/registerfor-the-5k/</u>. Proceeds from this fundraiser will benefit <u>Valley Interfaith Community</u>

**Resource Center.** Times for the event are listed below.

8:00 am - Registration and Warm Up

8:30 am - Meet & Greet--Megan Linz, Winner of The Amazing Race, Season 8 9:00 am – All Runners and Walkers Start

#### **Donations Needed by Valley Interfaith**

VICRC in Lockland is dependent on donated items. Many needed items are difficult for Valley to purchase due to either high cost or limited availability. Consider picking up a few of their most needed items and dropping them off at GNH. Place them in the large basket by the stairs in the foyer outside the Quimby Room.

**Most needed pantry items** include empty plastic containers to distribute laundry soap, all kinds of cereal, peanut butter, and canned meat.

**Most needed personal hygiene items** include toothbrushes, toothpaste, men's and women's deodorant, body wash, shampoo, cleaning products, garbage bags, unscented hypoallergenic power laundry soap, feminine hygiene products, size 4-6 diapers and any size pull-ups, and toilet paper. Drug stores, like CVS and Walgreens, often have special deals on these items.

**Most needed clothing and house wares items** include men's jeans (especially small sizes), men's gym shoes and boots (new or gently used), gently used pots and pans, new or gently used queen and king sheet sets, bath towels, new or gently used window box fans, and new or gently used space heaters. Valley <u>cannot accept</u> any furniture, TVs, infant/child car seats or cribs/playpens as well as many household items and baby items due to legal or space restrictions. Thanks so much for your generosity!

## Freestore Foodbank's Hunger Walk & 5K Run - 2019





FIGHT HUNGER WITH EVERY STEP.

# Spend your Memorial Day with us and walk, run, skip, or stroll around the Ohio River!

Now is the time to lace up your shoes and hit the pavement for a tremendous cause! Join us on Monday, May 27th for the 16th Annual Hunger Walk and 5K Run! This year's race starts bright and early at 9AM. Since its inception in 2004, the Hunger Walk and 5K Run has raised more than \$1,800,000, the equivalent of 5,400,000 meals, for Freestore Foodbank community partners serving 20 counties in Greater Cincinnati, Northern Kentucky and Southeast Indiana. With each step you are taking you are directly impacting lives of those in our community. Spend your Memorial Day with us and walk, run, skip, or stroll around the Ohio River! Register now and take a stand against hunger! Your registration or donation will help support the Freestore Foodbank's network of 450 partner food pantries, soup kitchens, shelters and community centers. Through this network, we are able to provide 27.3 million meals each year to hungry children and families in 20 counties in Southwest Ohio. Southeast Indiana and Northern Kentucky. One step a time, one dollar at a time, together we

### TOGETHER WE CAN SOLVE HUNGER

Freestore Foodbank provides access to 100% of the funds our community partners raise during the Hunger Walk. Funds may be used for Shared maintenance fees, Refrigeration/freezer capacity, Rent/utilities, Staffing for pick-up and delivery. Food distribution support, Technology upgrades in support of food distribution, Truck purchase or maintenance. Health and Hygiene, and Holiday food boxes.

#### cincinnatihungerwalk.org

can solve hunger.

# GNH VOLUNTEER OPPORTUNITIES

## **Caring and Support Team**

Provides nurture and support for members in the congregation in time of need or crisis. Contact Phyllis Berenson at <u>pberenson@yahoo.com</u> or Patti Wiers at <u>pjwiers@fuse.net</u>





Ways and Means (Fundraising) Conducts fundraising through the annual auction, rummage sale, and other event. *"WE WELCOME NEW FUND RAISING IDEAS AND VOLUNTEERS".* 

## Ushers

Ushers prepare and distribute the order of service, warmly greet all attendees, assist in directing members and guests in seating, assist in the offering, assist in counting of cash offerings after the service. Phyllis Berenson at <u>pberenson@yahoo.com</u> or Mel Levrant at <u>ocarmel@fuse.net</u>



## Please Help Take Care of our Church Home!

All able members are asked to volunteer, in some way, to take care of our building and grounds. **WE NEED MORE VOLUNTEERS** FOR THIS WORK! If you are willing to donate an hour or two to mow grass, do yard work, organize, clean, or do light repairs and maintenance - PLEASE contact Rev. Doug or David Hester.

#### **NEWSLETTER POLICY (September 2008)**

All items that appear in the Harbinger should be of general interest to the members and friends of GNH and be consistent with GNH's mission, purposes, and policies.

Newsletter submission should be as brief as possible, with a 500 word maximum. The editor has the right and responsibility to edit as needed to ensure conciseness and readability. The editor also has the right to delay publishing non-time-critical articles as available space may require.

The newsletter editor may refuse publication if a submission is considered inappropriate.

The editor shall consult with the minister and the Trustee who holds the communication portfolio for guidance in what shall be published.

Members of GNH shall have the choice to receive the Harbinger electronically or via paper mail. The newsletter shall be posted on the website. Do not submit names or contact information without the consent of other persons.

The Harbinger mailing list shall not be used for business purposes or for any type of mailings

The Gathering at Northern Hills, A Unitarian Universalist Community

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### **Office Hours**

Tuesday and Thursday, 11:00 am -4:00 pm, Wednesday, 9:00 am - 2:00 pm



## **NEXT Harbinger**

Our Next Harbinger will be Tuesday, April 2, 2019

Please have all articles to the office by 10 a.m. by the deadline, Monday, April 1, 2019 before the Harbinger is published. Space can be reserved on the rare occasion an article needs to be late.